



General Physics (UK) Ltd
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Effective Communication

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Effective Communication

Duration

1 day

Overview

An action packed 1 day programme which provides delegates with both core and enhanced communication skills. These improved skills will assist in improving the effectiveness of communicating when interacting with people at all levels. To gain the maximum benefit from this programme delegates will need to complete the pre course questionnaire prior to attending the programme.

This programme covers key elements of communication from creating impact through to building longer term relationships. It encourages delegates to be able to recognise their preferred style of communication and to understand that it may be different to the person they are communicating with.

Objectives

By the end of this programme delegates will be able to recognise key communication traits, and be able to identify with their own preferences. More importantly they will also be able to adapt and flex their own style to suit others.

Agenda

- Welcome and introductions
- Key elements of effective communication
- The essential rules of communication
- How we prefer to communicate and how we may be different to others



Further Information

Prework

GP and MAC Filter Profiles.